

Following the treatment

- There may be redness present for 12 - 48 hours after the treatment. However, you should be able to return to normal daily activities immediately.
- Avoid touching the area that has been treated for at least two hours, to allow the area to heal over. Wash your hands before touching to avoid introducing an external infection.
- Your treated area may feel a bit tender for a few days. Bruising is rare but can occur – if so, you can use a cream, tablet or spray to speed up the recovery.
- Avoid applying any product other than which has been recommended within the first 12 hours. A Normal skincare routine can be resumed after the skin has completely healed.
- Keep the area free of oil based products, heavy cosmetics and thick moisturisers for at least 36-48 hours. Using make up on broken skin presents a risk of bacterial infection and inflammation in and around the area that has been treated.
- Avoid using AHA's and BHA's until the skin has totally recovered.
- Avoid exposure to prolonged sunlight, rigorous exercise, saunas, hot baths and excessive amounts of alcohol, as this may increase redness / swelling
- It is essential that you attend your next appointment so that we can monitor your progress and ensure ongoing treatments and results. If you have any problems or queries please do not hesitate to call the clinic.